

GOVERNMENT OF WEST BENGAL
OFFICE OF THE PRINCIPAL
CALCUTTA NATIONAL MEDICAL COLLEGE
32, GORACHAND ROAD, KOLKATA-700014.

Memo No: - CNMC/Std/2345 /P

Dated:- 14/9/26

Foundation Course Routine 2026

Date	9-10 am	10-11 am	11 – 12 noon	12-1 pm	1-2 pm	2-3 pm	3-4 pm	
Sept 15 Tuesday	GLT	Intro by 1 st Prof faculty members GLT	Campus visit					
Sept 16 Wednesday	Language	CBME Curriculum Prof. Dr S Biswas HOD Dept. of Anatomy ALT	Introduction to Medical Profession and role of a Physician. Dr. P.K Ghosh Dept. of Biochemistry. ALT	Leadership Skills Prof. S. Mukherjee Dept. of Physiology ALT	B R E A K	Hospital Visit		
Sept 18 Friday	Language	History of Medicine, Prof. Dr. S.K. Pal Dept. of General Medicine ALT	Computer Skills & e-learning Dr S. Chakraborty Dept of Anatomy ALT	Time management Dr. Lekha Biswas, Dept. of Biochemistry ALT		Computer	Sports	
Sept 19 Saturday	Introduction by Principal and faculties. GLT							
Sept 21 Monday	Language	Value education GLT		Reflection on Value education		Reflection on Value education	Sports	
Sept 22 Tuesday	Computer	Communication skill. Prof. Dr Swati Bhattacharyya Dean of Students' Affairs & HOD Dept of Biochemistry ELT		Role of AI in medical profession. Prof. Dr. Sambuddha Ghosh, Dept. Of Ophthalmology ELT		Lifestyle modification Dept. of Physiology WLT	Extracurricular Activities	
Sept 23 Wednesday	Language	Study Skills Dr. Sabyasachi Sarka Dept. of Biochemistry ELT	Mental Health from students' perspective. Dr. M Makhal Associate Professor Dept of Psychiatry ELT	Career pathways Dept. of Physiology WLT		Extracurricular Activities	Extracurricular Activities	
Sept 24 Thursday	Basic Life Support Dept. of Anaesthesia WLT	Lecture WLT	Hands on WLT	Hands on WLT		Understanding & managing interpersonal relationships Dr. Sanchari Roy Asso Prof, Dept of Psychiatry ELT	Sports	
Sept 25 Friday	Computer	First Aid & BLS Dept. of Surgery ELT	First Aid & BLS Dept. of Surgery ELT	Universal precaution Dept. of Microbiology ELT		Patient safety & Biohazard Dr. Sabyasachi Sarkar ELT	Extracurricular Activities	
Sept 26 Saturday	Computer	Sports						
Sept 28 Monday	Language	Medical ethics, attitude & professionalism. Prof. Dr. Alok Majumder Dept. of FSM ALT		Reflection		Stress management Dr. B Ghosh Dastidar. Assist Prof, Dept of Psychiatry ELT	Sports	
Sept 29 Tuesday	Computer	Healthcare system, its delivery & Principles of Primary care. Dept. of Com. Med GLT	National health Program and Policies Dept. of Com. Med GLT	History of Public health. Dept. of Com. Med		Introduction to Field Visit Dept. of Com. Med GLT	Sports	
Sept 30 Wednesday	Language	Dos and Dents on activity of a medical student on Social Media and inter- relation with peers ALT		Reflection		Vaccination centre visit Dept of Com Med		
Oct 1 Thursday	Computer	Alternative Health System (AYUSH) ELT	Role Play	Role play		Extracurricular Activities	Sports	

NB: - We will inform you accordingly if there are any modifications.

Principal
Calcutta National Medical College, Kolkata
CALCUTTA NATIONAL MEDICAL COLLEGE
KOLKATA
Contd.

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Copy forward for information & necessary action:-

1. The Principal, Calcutta National Medical College, Kolkata.
2. The MSVP, Calcutta National Medical College & Hospital, Kolkata.
3. The HOD of Anatomy/Physiology/Biochemistry/Com. Med/Anaesthesiology/
Pathology/Pharmacology/ microbiology/FMT/ENT/Eye/Gen. Med./Gen.
Sur./Paed/Ortho/G&O/Psychiatry/ Derma/Radiology of CNMC, Kolkata.
4. Office Copy.

for
14/9/26
Principal
Calcutta National Medical College, Kolkata
Principal
CALCUTTA NATIONAL MEDICAL COLLEGE
KOLKATA